



Please join us on Friday July14, 2017 (1p.m. – 4p.m.)
Mental Health America of Greater Tarrant County

“Qigong: Science and Practice”

Martha Fiddes, PT, GCS, CQM

Martha Fiddes, PT, GCS, CQM is a Physical Therapist and a Board Certified Clinical Specialist in Geriatrics. She is also a Certified Qigong Master, and is passionate about utilizing holistic practices and complementary medicine to help people and animals enjoy the best possible health.

Martha completed her Master program with Grandmaster Sifu Armstrong in Atlanta. She is a direct lineage holder of Ermei Ling Qigong.

Through North Texas Qigong, Martha brings Qigong to the community through classes and private sessions. She recently opened her private Qigong Studio, North Texas Qigong at 2106 W. Pioneer Parkway, #124 in Pantego, Texas.

She is the Assistant Vice-President of Post-Acute Management for Christian Care Centers, Inc. In this capacity, she directs the rehabilitation and wellness programs for the corporation, the post-acute care provided.

Learning Objectives for this seminar:

- 1. Describe the 6 dimensions of wellness
2. Identify sources of Chi/energy in the body
3. List three practices of Qigong that improve wellness

Registration, CE Credits and Certificates (with 3 hours):

The fee for this 3-hour CEU seminar is \$50 for non-MHA members, \$40 for MHA members and \$20 for students.

Registration deadline (online/by mail) must be received by July13, 2017

1) Mail check to MHA at 3136 W. 4th Street, Ft. Worth, TX, 76107; fax number: 817-810-3230

2) Online at www.Eventbrite.com

MHA is an approved provider of continuing education in Texas for LPC with approval #1099, Social Workers #5467, and LMFT #419.

For additional information, please contact Deannah Rowell at 817-569-5780 or Deannah.Rowell@mhmrtc.org

Registration by Mail (print off and send with check or credit card payment to MHA)

NAME: _____

ADDRESS: _____

CITY, STATE, ZIP: _____

HM/CELL PHONE: _____ WK PHONE: _____

E-MAIL: _____

PAYMENT METHOD VISA MC AMEX DISCOVER CHECK ENCLOSED

CREDIT CARD NUMBER _____ EXP. DATE _____

SECURITY CODE: _____ TOTAL AMOUNT ENCLOSED: \$ _____