



Please join us on Friday, March 23, 2018 (1p.m. – 4p.m.)  
Mental Health America of Greater Tarrant County

**“Building Resilience and Preventing Compassion Fatigue”**

**Cameron Brown, Ph.D.**

Cameron Brown is the retired chaplain/behavioral health coordinator at Ft. Worth Fire Department. Cameron has 38 years of experience in the Fire Service. She was a firefighter in the United States Air Force and worked for the Fort Worth Fire Department for 34 years. During that time, she wrote a curriculum for fire departments to use to develop a Fire Families Support Program. In her time, Cameron has facilitated critical incident stress debriefings with doctors and staff. She is a compassion fatigue educator and a workplace violence task force member. Cameron currently works at Cook Children’s Medical Center as their Staff Care Chaplain and Educator. She is an adjunct professor at Texas Christian University and is an instructor for the Federation of Fire Chaplains. Participants will explore three steps that encourage resilience: awareness, assessment, and planning that promote a better work life balance.

Objectives:

- Raise the awareness of compassion fatigue
- Outline the steps for prevention
- How to treat compassion fatigue

The fee for this **3-hour CEU seminar** is \$50 for non-MHA members, \$40 for MHA members and \$20 for students. Registration deadline (online/by mail) **must be received** by March 23, 2018

- 1) Mail check to MHA at 3136 W. 4<sup>th</sup> Street, Ft. Worth, TX, 76107; fax number: 817-810-3230
- 2) Online at [Eventbrite.com](http://Eventbrite.com)

MHA is an approved provider of continuing education in Texas for LPC with approval #1099, Social Workers #5467, and LMFT #419.

**Registration by Mail (print off and send with check or credit card payment to MHA)**

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY, STATE, ZIP: \_\_\_\_\_

HM/CELL PHONE: \_\_\_\_\_ WK PHONE: \_\_\_\_\_

E-MAIL: \_\_\_\_\_

PAYMENT METHOD  VISA  MC  AMEX  DISCOVER  CHECK ENCLOSED

CREDIT CARD NUMBER \_\_\_\_\_ EXP. DATE \_\_\_\_\_

SECURITY CODE: \_\_\_\_\_ TOTAL AMOUNT ENCLOSED: \$ \_\_\_\_\_

For additional information, please contact Barbara Jordan at 817-569-5779 / [Barbara.Jordan@mhmrtc.org](mailto:Barbara.Jordan@mhmrtc.org)