

Crisis Lines

911- Immediate access to the emergency service operator

817-335-3022 (Call or Text) - MHMR of Tarrant County Crisis Line and Mobile Crisis Outreach Team for local resources.

1-800-273-TALK (1-800-273-8255) - 24/7, free and confidential national support for people in crisis for national resources.

1-877-SUICIDA (1-877-784-2432, Spanish speaking)

Text Hello to 741741 (Text Only) - Crisis Text Line is free, 24/7 support for those in crisis.

Online Resources

www.suicidepreventionlifeline.org
www.suicidal.com
www.preventsuicide.us
www.suicide.org
www.hopeline.com
www.gradhelp.org
www.1800ppdmoms.org
www.youthline.us
www.tarrantcares.org
www.sptsusa.org
www.heartsupport.com

Organizations Working to Prevent Suicide

The Jordan Elizabeth Harris Foundation
www.jordanharrisfoundation.org

The Jason Foundation
Tel: 1-877-778-2275
www.jasonfoundation.com

LivingWorks Education: Suicide Safer Community Programs
Monica Kintigh, PhD, LPC, Consultant/Senior Coaching Trainer: 817-528-5613
Email: monica.kintigh@att.net
Website: www.livingworks.net

Teen Lifeline
Tel: 817-281-9900
www.lifelivedbetter.org



3136 West 4th St.
Fort Worth, TX 76107
Phone: 817-335-5405
Fax: 817-810-3230
www.mhatc.org



Suicide Awareness Coalition of Tarrant County

Resource Guide For Youth



Help is Available

Local Hospitals in Tarrant County

COOK CHILDREN'S MEDICAL CENTER

801 7th Ave., Fort Worth
Tel: 682-885-3917 (Psychiatric Intake Dept.)
For actively suicidal, homicidal and psychotic patients ages 2- 12
Partial Hospitalization Program for ages 7-17
Fees determined on individual basis and insurance.

MESA SPRINGS

5560 Mesa Springs Dr., Fort Worth, 76123
Tel: 817-292-4600
Partial Hospitalization Program and Inpatient
Fees determined on individual basis and insurance.
Inpatient treatment for ages 12 and older
Outpatient treatment for 5 and older.

JPS HEALTH NETWORK

1500 S. Main St., Fort Worth
Tel: 817-927-1088 (Psychiatric ER)
For actively suicidal, homicidal or psychotic patients ages 13+
Fees determined on individual basis and insurance.
Trinity Springs Location offers inpatient hospitalization.

Excel Center- Millwood Hospital

1220 W. Presidio St., Fort Worth, TX 76102
Tel: 817- 335-6429
This day treatment center assist with emotional and behavioral needs for youth ages 5- 18. This facility offers partial hospitalization and intensive outpatient programs Monday through Friday.
Fees determined on individual basis and insurance.

MHMRTC Youth Center

1527 Hemphill St., Fort Worth, TX 76104
Tel: 817-335-3022
This facility offers behavioral health services for youth ages 3-17. Psychiatric and medication management, counseling, social skills training, trauma services, substance use, juvenile justice, and wrap around through the youth empowerment services wavier. Fees are determined on an individual basis and insurance.

Care House

3883 Mighty Mite Dr., Fort Worth, TX, 76105
Tel: 817-569-5460
This is an inpatient crisis facility for youth ages 13- 17. This program is up to 27 days where the youth will receive group therapy, counseling, medication management, and case management. The program is completely voluntary, and free of charge.

Support Groups

THE WARM PLACE

809 Lipscomb St. Fort Worth, 76104
Tel: 817-870-2272
Website: www.thewarmplace.org

- Support groups for children ages 3-18
- Support groups for young adults ages 19-24

TOUCHED BY SUICIDE

Trinity Presbyterian Church 5500 Morris Rd., Flower Mound
Tel: 972-420-7270
Contact: LaNelia Ramette
Email: jram1@verizon.net

- 1st and 3rd Tuesday each month at 7pm
- Peer Facilitator
- No Charge
- Bereaved by Suicide – 18 years and older
- Support groups for ages 13-17 (call for details)

Other Supportive Services

LOSS (LOCAL OUTREACH TO SUICIDE SURVIVORS) TEAM - Tarrant

Offers immediate at-the-scene support and resources to individuals impacted by suicide.
3136 W. 4th St., Fort Worth, 76107
Tel: 682-263-LOSS (5677)
Contact: Vorice Perryman

LOSS (LOCAL OUTREACH TO SUICIDE SURVIVORS) TEAM - Denton

Offers immediate at-the-scene support and resources to individuals impacted by suicide.
Tel: 940-205-6706
Contact: Landon Dickeson

The Trevor Project

Tel: 866-488-7386
Website: www.thetrevorproject.org

- Hotline for LGBTQ

PFLAG

1959 Sandy Ln, Fort Worth, TX 76112
Tel: 817-428-2329
Email: info@pflagfortworth.org
Support for LGBTQ youth ages 12 and older. The support group meets the first Thursday every month at 7pm.

Apps

For iOS and Android

ASK
Hopebox
Pacifica
7 cups
Vent
SAM
ZenFriend
Instawell
Cheerleader

For iOS only

Lifebuoy
BellyBio
The Now
eCBT Calm

For Android Only

Happify

Counseling Services

ACH Child and Family Services

3712 Wichita Street, Fort Worth, TX 76119
Tel: 817-335-4673
Website: <http://www.achservices.org>

- Free Counseling for youth up to 17.
- Bilingual sessions available

Lena Pope

3200 Sanguinet St., Fort Worth, TX 76107
Tel: 817-255-2652
Offers counseling services, screenings, and group therapy for youth ages 3 and older. Fees determined on individual basis and insurance.

The Parenting Center

2928 West 5th St., Fort Worth, TX 76107
Tel: 817-332-6348
Individual, group, couples and family counseling is available. Play therapy is provided for children as young as 3 years.

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Provides free and confidential information and referral for food, housing, employment, health care, and more.