



Please join us on Friday, April 13, 2018 (1pm – 4pm)
Mental Health America of Greater County

“True Colors Personality Assessment”
Yolanda Harper
Speaker – Trainer – Author

Yolanda Harper is passionate about seeing others operate in their personal power. An energetic speaker, trainer, and author, she uses her platform Yolanda’s Nuggets to Impact, Influence and Ignite her audience. Her signature statement: “It’s imperative that you leave my presence better than you came! If not, our time was wasted!” As a speaker, her commanding presence and dynamic delivery style, you can expect to be entertained and inspired. And as her engagement strategy, she’s coined the term “Yolanda’s Nuggets” which are small bits of impactful information that you can grab and take with you. Her presentations are filled with them and it’s up to you to grab as many as you need. As a trainer, she’s dedicated to developing others physically, personally and professionally. She’s owned and operated Fit&40 Crew® an outdoor fitness boot camp since 2009, host transformational workshops and facilitates customized employee training programs across the city. As an author, her first book, Achieving Peace, a 31 day fitness devotional was released in 2013 and her first e-book Mastering Self Care: 7 Simple Strategies to a Better You was released in Dec 2017. Yolanda recently expanded her business and started, Alpha Discovery Group LLC while maintaining a fulltime job as a Relationship Consultant with Blue Zones Project. Yolanda is also a Certified Conflict Mediator and Certified Corporate Wellness Specialist. Yolanda was recently selected to serve on the Fort Worth Task Force on Race and Culture. She’s become a familiar face in a local publication, Fort Worth Business Press. She was recently acknowledged for her contribution to business and community with the 2017 Minority Leaders in Business award and in 2016 she was highlighted in the Top 21 Women to Watch.

True Colors® is an easy to understand, easy to remember temperament/personality model that helps people of all ages increase their personal performance. This model will help increase understanding of yourself and others as well as improve communication. True Colors® also helps create a spirit of collaboration, cooperation and synergy. Interactive and reflective training to learn more about you and those you serve!

You will learn how to: (1) Increase productivity (2) Realize full potential (3) Gain greater understanding and higher appreciation for self and others (4) Open lines of communication

The fee for this 3-hour CEU seminar is \$50 for non-MHA members, \$40 for MHA members and \$20 for students. Registration deadline (online/by mail) must be received by April 12, 2018.

- 1) Mail check to MHA at 3136 W. 4th Street, Ft. Worth, TX, 76107; fax number: 817-810-3230
2) Online at www.Eventbrite.com
MHA is an approved provider of continuing education in Texas for LPC with approval #1099, Social Workers #5467, and LMFT #419.
For additional information, please contact Barbara Jordan @ 817-569-5779/ Barbara.Jordan@mhmrtc.org

Registration by Mail (print off and send with check or credit card payment to MHA)

NAME: \_\_\_\_\_
ADDRESS: \_\_\_\_\_
CITY, STATE, ZIP: \_\_\_\_\_
HM/CELL PHONE: \_\_\_\_\_ WK PHONE: \_\_\_\_\_
E-MAIL: \_\_\_\_\_
PAYMENT METHOD \_\_\_\_\_ VISA \_\_\_\_\_ MC \_\_\_\_\_ AMEX \_\_\_\_\_ DISCOVER \_\_\_\_\_ CHECK ENCLOSED
CREDIT CARD NUMBER \_\_\_\_\_ EXP. DATE \_\_\_\_\_
SECURITY CODE: \_\_\_\_\_ TOTAL AMOUNT ENCLOSED: \$ \_\_\_\_\_