



Please join us on Friday, September 28, 2018 (1pm – 4pm)
Mental Health America of Greater County
3136 W 4th Street, 76107

“Hearing Voices that Are Distressing”
QMHP Development-Adult Behavioral Health MHMR Tarrant

Just as rehabilitation students gain insight into the experience of physical disability by using wheelchairs, so too can mental health professionals and students experience a simulation of some of the challenges facing people with psychiatric disabilities.

The workshop also includes:
A lecture exploring the research and literature on hearing distressing voices.
Presentation of self-help strategies for coping with or eliminating distressing voices.
Practice exercises where participants learn to teach self-help skills to voice hearers.

Learning Objectives:

- 1. To empathize more deeply with the challenges voice hearers face.
2. To reduce the fear and stigma surrounding the voice hearing experience.
3. To learn to teach self-help skills to voice hearers.

The fee for this 3-hour CEU seminar is \$50 for non-MHA members, \$40 for MHA members and \$20 for students.
Registration deadline (online/by mail) must be received by Thursday, September 27, 2018.

- 1) Mail check to MHA at 3136 W. 4th Street, Ft. Worth, TX, 76107; fax number: 817-810-3230
2) Online at www.Eventbrite.com

MHA is an approved provider of continuing education in Texas for LPC with approval #1099, Social Workers #5467, and LMFT #419.

For additional information, please contact Barbara Jordan @ 817-569-5779/ Barbara.Jordan@mhmrctc.org

Registration by Mail (print off and send with check or credit card payment to MHA)

NAME: _____
ADDRESS: _____
CITY, STATE, ZIP: _____
HM/CELL PHONE: _____ WK PHONE: _____
E-MAIL: _____
PAYMENT METHOD ___ VISA ___ MC ___ AMEX ___ DISCOVER ___ CHECK ENCLOSED
CREDIT CARD NUMBER _____ EXP. DATE _____
SECURITY CODE: _____ TOTAL AMOUNT ENCLOSED: \$ _____